

## EXTRACURRICULAR ACTIVITIES

All extracurricular activities and programs must be consistent with the mission, goals and objectives of the school. Guidelines for the effective administration and functioning of such activities and programs shall be developed by the administrator of each school or by the administrator in conjunction with administrators of other schools whose students participate in the same programs.

### EXTRACURRICULAR ACTIVITIES

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1. Beginning with the **2016-2017** school year, membership in the IESA (Illinois Elementary School Association) or IHSA (Illinois High School Association) will not be voluntary. The Office of Catholic Schools will require all diocesan elementary and secondary schools to be members of IESA or IHSA for all interscholastic activities and will be governed by the associations' Constitutions and By-Laws.
2. The Office of Catholic Schools will apply IESA by-laws for all interscholastic activities in which the schools engage in matters of dispute and accountability.
3. Coaches of the interscholastic activities at diocesan schools, unless they are a teaching member of the faculty at the schools, **are required to complete the IESA/IHSA on-line coaches' training education course**. This requirement includes coaches that are voluntary or paid. The diocesan school will incur the cost of this on-line training.
4. All diocesan elementary and secondary schools will **appoint an athletic director or co-athletic directors** for the school who will serve as a liaison between the diocesan school and the Office of Catholic Schools in matters of communication for the school's interscholastic activity.
5. In addition, the Office of Catholic Schools will require diocesan elementary and secondary schools to adhere to the following:
  - Maintain personnel files for each coach of an interscholastic activity offered by the school.
  - Require coaches to complete the diocesan Safe Environment Program, CANTS background check, fingerprinting, bloodborne pathogens training, and CPR training (head coaches, preferred).
  - Begin each interscholastic activity with prayer.
  - Schedule no practices or games on Sundays or Holy Days of Obligation.
  - Schedule a practice no longer than 2.0 hours in length.
  - Beginning in August of the new academic year, 2015-16, head coaches are required to attend a mandatory Coaches Retreat sponsored by the Office of Catholic Schools. Assistant coaches are invited to attend, but it is optional for them.